

<p>Produce</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Avocado (2-5) <input type="checkbox"/> Lemons <input type="checkbox"/> Limes (3 or more) <input type="checkbox"/> Lettuce <input type="checkbox"/> Red & Green Bell Peppers <input type="checkbox"/> Cilantro <input type="checkbox"/> Green onions <input type="checkbox"/> 1 jalapeno <input type="checkbox"/> Carrots <input type="checkbox"/> Cilantro <input type="checkbox"/> Spaghetti Squash <input type="checkbox"/> Spinach <input type="checkbox"/> Grape or cherry tomatoes <input type="checkbox"/> Garlic <input type="checkbox"/> Sweet Potatoes (2) <input type="checkbox"/> Red onion (1) <input type="checkbox"/> Onions 	<ul style="list-style-type: none"> <input type="checkbox"/> Other fruits and veggies of choice for snacks and salad toppings such as: Apples Bananas Berries Pears Oranges Cucumber Jicama
<p>Cold/Freezer</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Almond Milk <input type="checkbox"/> 2 Bags of Frozen corn (approx 32 ounces) <input type="checkbox"/> Frozen Stir Fry vegetable blend <input type="checkbox"/> Tofu (optional) 	
<p>Canned/Dry Goods</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Oatmeal or Steel Cut Oats <input type="checkbox"/> Ground Flaxseeds <input type="checkbox"/> Nuts, trail mix, or other for snacks <input type="checkbox"/> Natural Peanut butter or Almond butter <input type="checkbox"/> 15 oz can black beans <input type="checkbox"/> 15 oz can kidney beans <input type="checkbox"/> 15 oz can black eye peas <input type="checkbox"/> 15 oz can garbanzo beans (chickpeas) <input type="checkbox"/> 80 oz Vegetable broth (this would be three 32oz boxes) <input type="checkbox"/> 2- 15 oz cans diced tomatoes <input type="checkbox"/> 15 oz can tomato sauce <input type="checkbox"/> Jar of marinara or veggie pasta sauce <input type="checkbox"/> Brown Rice <input type="checkbox"/> Quinoa <input type="checkbox"/> Whole grain Naan or pita bread (optional) 	
<p>Pantry (if you don't already have stocked at home)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Sesame oil <input type="checkbox"/> Soy Sauce <input type="checkbox"/> Olive Oil <input type="checkbox"/> Balsamic Vinegar <input type="checkbox"/> Red Wine Vinegar <input type="checkbox"/> Sesame seeds 	<ul style="list-style-type: none"> <input type="checkbox"/> Chili powder <input type="checkbox"/> Cumin <input type="checkbox"/> Red Pepper Flakes <input type="checkbox"/> Paprika <input type="checkbox"/> Salt <input type="checkbox"/> Pepper